



**TIPS AND TRICKS TO.....
Promoting Tobacco Cessation**

RATIONALE:
Smoking is a leading modifiable risk factor in cardiovascular disease which is the major cause of death in diabetes.

Objective:
To identify tobacco use in diabetes patients and assist users through counseling and referral to develop a plan to quit.

INSTRUCTIONS FOR IMPLEMENTING TOBACCO CESSATION

1. To select patients in DQCMMS that use tobacco or the status of tobacco is unknown go to advance search under the utilities tab. Select the tobacco tab and insert dates to include patients who are tobacco users and the same date period for patients whose tobacco status is unknown. Click on search, then on report. Print the reports listing these patients.
2. Note on the IPP of these patients a reminder to ask about tobacco use status if unknown or to assess readiness to quit in those who use tobacco. (A smoking cessation label may be attached to the IPP for additional information)
3. Obtain Quit Line materials utilizing the quit line order form.
4. If patient is interested in cessation explain Quit Line and give brochure.
5. Have patient sign referral form, document in chart (IPP) and notify Provider the process has been started.
6. Refer to Quit Line (i.e. fax referral form), expect a confirmation fax back once patient has signed up.
7. Reassess tobacco use status at patient's next visit.

INSTUCTIONS FOR FOLLOW UP

- 8 . At approximately 6-12 months following the initiation of the Tobacco Cessation project re-run the reports noted in #1 using the dates from the start of the project.

Contact Information

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